

**FATHER INVOLVEMENT IN PARENTING AS REFLECTED  
IN PAUL WEITZ'S *FATHERHOOD* FILM  
(A PSYCHOLOGICAL APPROACH)**

**UNDERGRADUATE THESIS**

**BY**

**FELRIANIA SIA AJA  
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**ENGLISH LETTERS STUDY PROGRAM  
FACULTY OF LANGUAGE AND LITERATURE  
FLORES UNIVERSITY  
ENDE  
2023**

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**Presented to Flores University in Partial Fulfillment of the Requirements  
for the Degree of *Sarjana Sastra***

**BY**

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**ENDE  
2023**

## APPROVAL PAGE

This is to certify that Undergraduate Thesis of Felriania Sia Aja has been approved by the Thesis Advisors for further approval by the Board of Examiners.

Ende, February 1<sup>st</sup>, 2023

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## ABSTRAK

**Aja, Felriania Sia. 2023. Keterlibatan Ayah dalam Pola Pengasuhan Anak yang Tercantum dalam film *Fatherhood* Paul Weitz's: Pendekatan Psikologis. Skripsi. Program Studi Sastra Inggris. Fakultas Bahasa dan Sastra. Universitas Flores. Pembimbing I: Febe F. Irawati Wanggai, S.S.,M.Hum. Pembimbing II: Maksimilianus Doi, S.S.,M.Pd.**

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Penelitian ini menganalisis keterlibatan ayah dalam pola pengasuhan anak dalam film *Fatherhood*. Film *Fatherhood*, berkisah tentang keterlibatan seorang ayah dalam membesarkan anaknya tanpa seorang ibu. Tujuan dari penelitian ini adalah untuk mengetahui faktor yang mempengaruhi keterlibatan ayah dalam pengasuhan dan untuk mengetahui dimensi keterlibatan ayah dalam pengasuhan dalam film *Fatherhood*. Desain penelitian yang digunakan oleh penulis adalah metode penelitian deskriptif kualitatif. Penelitian ini menggunakan teori faktor keterlibatan ayah dan dimensi keterlibatan ayah oleh Michael E. Lamb untuk menganalisis data, dan pendekatan psikologis juga digunakan dalam penelitian ini. Peneliti menggunakan metode penelitian kepustakaan untuk menemukan teori dan data yang di perlukan untuk skripsi ini. Data primer terdiri dari video film *Fatherhood*. Data sekunder terdiri dari buku, artikel, jurnal, kamus dan skripsi.

Hasil penelitian menjawab dua masalah utama. Yang pertama adalah untuk mengetahui faktor-faktor yang mempengaruhi keterlibatan ayah yang meliputi motivasi, keterampilan dan percaya diri, dukungan sosial dan stres, dan faktor kelembagaan. Yang kedua adalah tentang dimensi dalam keterlibatan ayah yang meliputi keterlibatan ayah, aksesibilitas ayah dan tanggung jawab ayah.

**Kata Kunci:** *film fatherhood, psikologis, faktor dan dimensi keterlibatan ayah.*

## ABSTRACT

**Aja, Felriana Sia. 2023. Father Involvement in Parenting as Reflected in Paul Weitz'S *Fatherhood* Film: A Psychological Approach. Undergraduate Thesis. English Literature Study Program. Faculty of Language and Literature. Flores University. Advisor I: Febe F. Irawati Wanggai, S.S.,M.Hum. Advisor II: Maksimilianus Doi, S.S.,M.Pd.**

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The research analyzes the father's involvement in parenting in the *Fatherhood* film. *Fatherhood* film, is about the involvement of a father in raising his child without a mother. The purpose of this research is to determine the factors that influence father's involvement in parenting and to determine the dimensions of father's involvement in parenting in the film *Fatherhood*. The research design used by the writer is a qualitative descriptive research method. This study uses the theory of the factors of father involvement and dimensions of father involvement by Michael E. Lamb to analyze the data, and a psychological approach is also used in this study. The writer uses library research methods to find the theory and data which are required for this thesis. Primary data consists of video of the *Fatherhood* film. Secondary data consists of books, articles, journals, dictionaries and thesis.

The research results answer two main problems. The first is, to find out the factors that influence the involvement of fathers which include motivation, skills and self-confidence, social support and stress, and institutional factors. The second is about, the dimensions of father involvement which include paternal engagement, paternal accessibility and paternal responsibility.

**Key Words:** *fatherhood film, psychological, factors and dimensions of father involvement.*

## STATEMENT OF ORIGINALITY OF UNDERGRADUATE THESIS

The undersigned,

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declares that the present Undergraduate Thesis describes original research undertaken for the English Literature Study Program, Faculty of Language and Literature, Flores University of Ende. Any theories, findings, and research techniques not my own have been acknowledged in the text. Theoretical contributions and findings in the thesis are my own original work and have not been submitted for any degree in this or any other university. If later it can be revealed that this Undergraduate Thesis contains partly of wholly plagiarized pieces of other's intellectual work of any kind, I will readily accept the sanction established by the university on the matter.

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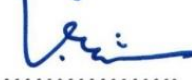
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## THESIS LEGITIMATION

This is to certify that the Undergraduate Thesis of Felriania Sia Aja has been approved by the Board of Examiners as the requirement for the degree of *Sarjana Sastra*.

Ende, February 3<sup>rd</sup>, 2023

The Board of Examiners

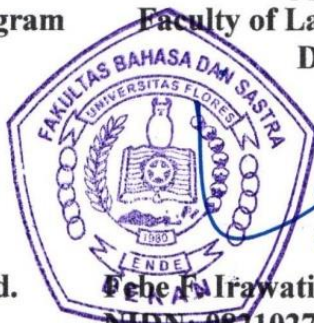
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# M O T T O

*“When you want to give up, look at back and  
then see how far you have climbed to reach  
your goal”*

**Dedicated to:**

-  **Jesus Christ**
-  **My Beloved Parents**
-  **My Beloved Sisters and Brothers**
-  **My Beloved Husband and Son**
-  **My Beloved Parents In Law**



## ACKNOWLEDGMENTS

First of all, I would like to thank God and Mother Mary for blessing and giving me their gift so I can finish this undergraduate thesis. They make much great power to me in facing the exam and give me strength when I am down.

The writer also expresses many thanks to Ibu Febe F. Irawati Wanggai, S.S., M.Hum., as the Dean of the Faculty and also as advisor I and, Bapak Maksimilianus Doi, S.S., M.Pd., as the Vice Dean and the Chair of English Literature Study Program and also as advisor II, patiently serves and guides the writer. Thank you for the support, motivation, and advice given to the writer so that the writer can complete this undergraduate thesis. The writer also say many thanks to the English Literature Study Program Lecturers who have provided knowledge and advice to the writer.

The gratitude is also forwarded to Lectures of Faculty of Language and Literature, Bapak Dr. Simon Sira Padji, M.A., Bapak Dr. Drs. Kanisius Rambut, M.Hum., Ibu Yuliana Maria D. Karmel Kara, S.Pd., M.Pd., Ibu Gratiana Sama, S.Pd., M.Hum., Bapak Fransiskus M. Separ, S.S., M.Pd., Bapak Marianus Woda Liru, S.S., M.A., Bapak Marianus Roni, S.Pd., M.App.Ling., Ibu Yovita Lawe Duka, S.S., M.Tesol., and Ibu Fety Surfaifel, S.S., M.A., for every brilliant knowledge they have given throughout my study in this beloved faculty. The gratitude is also addressed to all administration staffs of Faculty of Language and Literature, thanks for all of their service, care and kindness.

The special thanks are also forwarded to parents: Bapak Don Bosko Bhongo and Mama Emiliana Io, Bapak Kletus Tiro, Mama Agustina Nazu, Paci

Kletus Imusama, Maci Yustina Sue, Mama Rina for their love, prayer, sacrifices, motivations, and financial support, especially the support in finishing this undergraduate thesis, and also to beloved sisters and brothers: Kakak Yance, Kakak Oscar, Kakak Silva, Nona Erda, Kakak Mafran, Kakak Astin, Kakak Wiwin, Adik Arsen Agung, Adik Ovan Wuwu, Adik Putry Aja, thank for their prayers and supports. The gratitude is also for beloved friends : Tris, Affon, Din Jay, Edward, Ranny, Kakak Angel, Leni, Ian, Abang Shand, In, Oshyn, Marny, the special my stubborn squad: Ell, Mey, Tebe, Ardian, Rinto, Titin, Elsa, and also my beloved husband Othes and my beloved Son Gladwin Aba and all others who cannot be mentioned for all their support, kindness and friendship.

This undergraduate thesis is a way from the word 'perfect', especially in its contents and performance. Hence, the constructive criticisms and suggestions are needed for better results. Finally, may this undergraduate thesis be useful for the readers and the next researchers in the future. May the grace and love of Almighty God be with us forever. Amen.

Ende, February 3<sup>rd</sup>, 2023

Felriania Sia Aja

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