

**THE OBSESSION OF VANESSA AS THE MAIN CHARACTER  
IN KATE ELIZABETH RUSSELL'S NOVEL *MY DARK  
VANESSA***

**UNDERGRADUATE THESIS**

**BY**

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**ENGLISH LITERATURE STUDY PROGRAM  
FACULTY OF LANGUAGE AND LITERATURE  
FLORES UNIVERSITY  
ENDE  
2023**

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VANESSA***

**UNDERGRADUATE THESIS**

**Presented to Flores University in Partial Fulfillment of the Requirements  
for the Degree of *Sarjana Sastra***

**BY**

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## APPROVAL PAGE

This is to certify that the Undergraduate Thesis of Maria Godensia Miun has been approved by the Thesis Advisors for further approval by the Board of the Examiners.

Ende, 04 February 2023

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## ABSTRAK

**Miun. Maria Godensia. 2023. Obsesi Vanesa sebagai Tokoh Utama dalam Novel “*My Dark Vanessa*” Karya Kate Elizabeth Russell. Program Studi Sastra Inggris. Fakultas Bahasa dan Sastra. Universitas Flores. Pembimbing I: Febe F. Irawati Wanggai, S.S., M.Hum. Pembimbing II: Maksimilianus Doi, S.S., M.Pd.**

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Penelitian ini bertujuan untuk mengetahui penyebab obsesi yang dialami oleh Vanessa dan dampaknya terhadap Vanessa. Penelitian ini tentang individu yang mengalami obsesi. Penelitian yang digunakan penulis dalam penelitian ini dengan menggunakan teori psikologi untuk menjawab masalah penelitian. Penelitian ini menggunakan desain metode kualitatif. Metode kualitatif ini dengan mempertimbangkan bahwa data yang dikumpulkan di analisis dengan menggunakan kata dan tidak menggunakan angka untuk menjawab masalah penelitian. Data dalam penelitian ini di ambil dari kutipan-kutipan seperti dialog, kalimat, frasa, dan kata dari novel *My Dark Vanessa*.

Hasil penelitian ini menunjukkan ada tiga penyebab obsesi yang dialami oleh Vanessa yaitu emosi, depresi, dan stress. Sedangkan dampak obsesi dalam diri Vanessa adalah dia menderita gangguan jiwa dan trauma.

**Kata kunci: obsesi, karakter utama, novel**

## ABSTRACT

**Miun, Maria Godensia. 2023. The Obsession of Vanessa as the Main Character in Kate Elizabeth Russell's Novel *My Dark Vanessa*. English Literature Study Program. Faculty of Language and Literature. Flores University. Advisor I: Febe F. Irawati Wanggai, S.S., M. Hum. Advisor II: Maksimilianus Doi, S.S., M.Pd.**

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This study aimed to determine the causes of Vanessa's obsession and its effects on her. This study was about individuals who experience obsession. The study used psychology theory to answer study problems. This study used a qualitative method design. This qualitative method took into consider the data collected was analysed using words and did not used numbers to answers study problems. The data in this study were took from quotations such as dialogues, sentences, phrases, and words from the novel *my dark Vanessa*.

The results of this study indicate that there are three causes of Vanessa's obsession, namely emotion, depression, and stress. Meanwhile, the effects of the obsession on Vanessa is that she suffering mental disorders and traumatic.

**Keywords: obsession, main character, novel**

**STATEMENT OF ORIGINALITY  
OF UNDERGRADUATE THESIS**

The undersigned,

Name : Maria Godensia Miun  
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Declares that the present Undergraduate Thesis describes original research undertaken for the English Literature Study Program, Faculty of Language and Literature, Flores University of Ende. Any theories, finding, and research techniques not my own have been acknowledged in the text. Theoretical contribution and findings in the thesis are my own original work and have not been submitted for any degree in this or any other university. If later it can be revealed that this Undergraduate Thesis contains partly or wholly plagiarized pieces of others' intellectual work of any kind, I will readily accept the sanction established by the University on the matter.

Signature :



Full Name : Maria Godensia Miun

Dates : February 2023

## THESIS LEGITIMATION

This is to certify that the Undergraduate Thesis of Maria Godensia Miun had been approved by the Board of Examiners as the requirement for the Degree of *SarjanaSastra*.

Ende, February 4<sup>th</sup>, 2023

The Board of Examiners

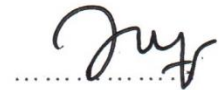
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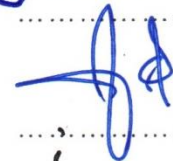
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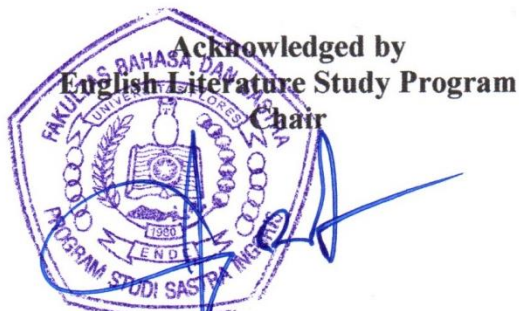
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## **MOTTO**

**“RETURN TO YOUR REST, MY SOUL, FOR THE  
LORD HAS BEEN GOOD TO YOU”**

**(Psalms 116:7)**

**It is dedicated to:**

 **My beloved Father**

 **My beloved Mother**

 **My beloved Brothers and Sisters**



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Ende, February 2023

The Writer

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