# THE PORTRAYAL OF BULLYING IN FILM THE FAT BOY CHRONICLES (PSYCHOLOGICAL APPROACH)

#### **UNDERGRADUATE THESIS**

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# ENGLISH LITERATURE STUDY PROGRAM FACULTY OF LANGUAGE AND LITERATURE FLORES UNIVERSITY ENDE 2023

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#### **UNDERGRADUATE THESIS**

Presented to Flores University in Partial Fullfilment of the Requirements for the Degree of *Sarjana Sastra* 

 $\mathbf{BY}$ 

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## APPROVAL PAGE

This is to certify that Undergraduate Thesis of Agnesia Desin Nabar has been approved by the Thesis Advisor for further approval by the Board of Examiners.

Ende, August 2023

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#### **ABSTRAK**

Nabar, D. Agnesia.2023. Penggambaran Bullying Dalam Film *The Fat Boy Chronicles:* Pendekatan Psikologi. Skripsi. Program Studi Sastra Inggris. Fakultas Bahasa dan Sastra. Universitas Flores. Pembimbing I: Marianus Woda Liru,S.S.,M.A.; Pempimbing II: Maksimilianus Doi,S.S.,M.Pd.

Dalam penelitian ini, penulis menganalis penggambaran bullying dalam film *The Fat Boy Chronicles*. Film *The Fat Boy Chronicles* diambil dari kisah nyata seorang remaja high school yang dibuli karena memiliki porsi tubuh yang gemuk. Tujuan penelitian ini adalah untuk mengetahui type type bullying yang dialami tokoh utama dan untuk menemukan dampak dampak yang terjadi terhadap kesehatan mental tokoh utama akibat dari perilaku bullying tersebut dalam film *The Fat Boy Chronicles*. Metode penelitian yang digunakan dalam penelitian ini adalah metode deskriptif kualitatif. Penelitian ini menggunakan teori bullying oleh Alen dan Freud untuk menganalisi data, dan pendekatan Psikologi juga digunakan dalam penelitian ini. Penulis menggunakan metode kepustakaan untuk menemukan teori dan data yang diperlukan untuk skripsi ini. Data primer terdiri dari film *The Fat Boy Cronicles*. Data sekunder terdiri dari buku, artikel, jurnal, kamus dan skripsi.

Hasil penelitian ini menjawab dua masalah. Pertama, penulis dapat mengetahui tipe-tipe bullying yang dialami oleh tokoh utama dalam film. Ada tiga tipe bullying yang ditemukan penulis dalam film ini yaitu *physical bullying*, *verbal bullying dan emotional bullying*. Kedua, penulis dapat mengetahui dampak yang terjadi akibat terhadap kesehatan mental yaitu *anxiety and depression*, *self esteem and self identity*, *isolation*.

Kata kunci: Penggambaran, Bullying.

#### **ABSTRACT**

Nabar, D. Agnesia.2023. The Portrayal of Bullying in Film *The Fat Boy Chronicles*: Psychological Approach. Undergraduate Thesis. English Literature Study Program. Faculty of Language and Literature. Flores University. Advisor I: Marianus Woda Liru,S.S.,M.A. Advisor II: Maksimilianus Doi,S.S.,M.Pd.

In this study, the writer analyzed the depiction of bullying in the film *The Fat Boy Chronicles*. *The Fat Boy Chronicles* film is taken from the true story of a high school teenager who was bullied because he had a large portion of his body. The purpose of this study was to determine the types of bullying experienced by the main character and would find out the impact on the mental health of the main character as a result of this bullying behavior in the film *The Fat Boy Chronicles*. The research method used in this study was a qualitative descriptive method. This study used bullying theory by Alen and Freud to analyze the data, and a psychological approach was also used in this study. The writer used the library method to find the theory and data needed for this thesis. The primary data consist from the film *The Fat Boy Chronicles*. Secondary data consist from books, articles, journals, dictionaries and theses.

The results of this study answer two problems of the study. First, the writer can find out the types of bullying experienced by the main character in the film. There are three types of bullying that the writer found in this film, namely physical bullying, verbal bullying and emotional bullying. Second, the writer is able to find out the impact that occurred on mental health, namely anxiety and depression, self esteem and self identity, isolation.

Keyword: Portrayal, Bullying.

# STATEMENT OF ORIGINALITY OF UNDERGRADUATE THESIS

The undersigned,

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NIM : 2019510440 Study Program : English Literature

Faculty : Language and Literature

declares that the present Undergraduate Thesis describes original research undertaken for the English Literature Study Program, Faculty of Language and Literature, Flores University of Ende. Any theories, findings, and research techniques not my own have been acknowledged in the text. Theoretical contributions and findings in the thesis are my own original work and have not been submited for any degree in this or any other university. If later it can be revealed that this Undergraduate Thesis contains partly of wholly plagiarized pieces of other's intellectual work of any kind, I will readily accept the sanction established by the University on the matter.

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Dates : August 2023

#### THESIS LEGITIMATION

This is to certify that Undergradate Thesis of Agnesia Desin Nabar has been approved by the Board of Examiners as the requirement for the degree of *Sarjana Sastra*.

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## **MOTTO**

# "KEEP DOING YOUR DUTIES AND RESPONSIBILITIES, AND LET OTHER PEOPLE COMMENT FROM ALL SIDES"

## It is dedicted to:

- Jesus Christ
- My beloved father
- My beloved mother
- My beloved brothers and sisters.

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expected for better results in the future.

Ende, November 2023

The Writer

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# TABLE OF CONTENT

TITLE	i
APPROVAL PAGE	ii
ABSTRAK	
ABSTRACT	
STATEMENT OF ORIGINALITY	
THESIS LEGITIMATION	vi
MOTTO	vii
ACKNOWLEDGEMENTS	
TABLE OF CONTENT	
CHAPTER I INTRODUCTION	
1.1 Background of the Study	1
1.2 Problems of the Study	5
1.3 Purpose of the Study	
1.4 Significance of the Study	
1.5 Scope and Limitation	
1.6 Definition of Key Terms	
1.7 Organization of the Study	
CHAPTER II REVIEW OF RELATED LITERATURE	
2.1 Theoretical Review	9
2.1.1 Film	9
2.1.2 Character	10
2.1.3 Psychological Approach	12
2.1.4 Bullying	
2.1.5 Types of Bullying	
2.1.6 The Impact of Bullying for Mental Health	
2.2 Previous Study	19
CHAPTER III RESEARCH METHOD	
3.1 Research Design	24
3.2 Source of Data	24
3.3 Data Collection	25
3.4 Data Analysis	25
CHAPTER IV ANALYSIS	
4.1 The Types of Bullying	26
4.1.1 The Types of Bullying Experiences by Main \	
Character in film <i>The Fat Boy Chronicles</i>	27
4.2 The Impact of Bullying for Mental Health	38
4.2.1 The Impact of Bullying for the Main character's	
Mental Health in Film <i>The Fat Boy Chronicles</i>	39
CHAPTER V CONCLUSION AND SUGGESTION	
5.1 Conclusion	
5.2 Implication of the Study	55
5.2.1 Theoretical Implication	55

5.2.2 Practical Implication	. 55
5.3 Limitation of the Study	
5.4 Suggestion	. 56
REFERENCES APPENDICES CURICULUM VITAE	