

**THE CHILDHOOD TRAUMA OF JESSIE IN *GERALD'S
GAME* FILM (PSYCHOLOGICAL APPROACH)**

UNDERGRADUATE THESIS

**Presented to Flores University in Partial Fulfillment of the Requirements
for the Degree of *Sarjana Sastra***

BY

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FACULTY OF LANGUAGE AND LITERATURE
FLORES UNIVERSITY**

**ENDE
2023**

APPROVAL PAGE

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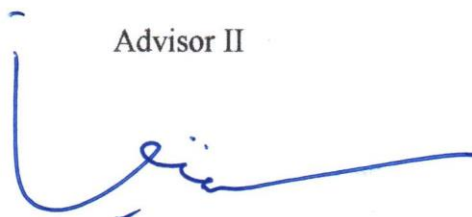
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ABSTRAK

Tukan, Vanderius Sanga. 2023. Trauma Masa Kecil Jessie dalam Film *Gerald's Game*: Pendekatan Psikologis. Skripsi. Program Studi Sastra Inggris. Fakultas Bahasa dan Sastra. Universitas Flores. Pembimbing I: Marianus Woda Liru, S.S.,M.A. Pembimbing II: Febe Fenny Irawati Wanggai, S.S., M. Hum.

Dalam penelitian ini, penulis menganalisis film *Gerald's Game* yang disutradarai oleh Mike Flanagan. Permasalahan yang diteliti adalah jenis dan dampak yang muncul dapat mempengaruhi kehidupan seseorang setelah mengalami trauma pada masa anak-anak dan bagaimana cara mengatasi trauma yang belum terselesaikan. Jessie, karakter wanita utama, yang dilecehkan secara seksual oleh ayah kandungnya saat remaja membuatnya trauma hingga dewasa.

Obyek penelitian ini adalah film berjudul *Gerald's Game* karya Mike Flanagan. Penelitian ini merupakan penelitian deskriptif kualitatif. Pengumpulan data dilakukan dengan menonton film, membaca naskah film, mengidentifikasi data, mengklasifikasi data, mengurangi data yang tidak terpakai dan melaporkan data. Data primer dalam penelitian ini film *Gerald's Game*. Sementara data sekunder dikutip dari beberapa sumber seperti buku, artikel, jurnal, dan internet. Teknik-teknik yang digunakan dalam analisis ini diantaranya pemaparan, penjelasan, dan pengutipan. Dalam menganalisa data, penelitian ini menggunakan teori psikoanalisis untuk menjelaskan pengertian dan penyebab trauma yang difokuskan kepada anak-anak dan untuk menunjukkan dampak trauma tersebut.

Tujuan dari penelitian ini adalah menganalisis beberapa besar pengaruh trauma yang dialami pada masa kanak-kanak dapat mempengaruhi kehidupan pribadi seseorang. Penelitian ini menggunakan pendekatan psikologi. Selain itu penelitian ini menggunakan dialog kutipan berkaitan dengan tipe-tipe dan dampak trauma masa kanak-kanak. Dalam film *Gerald's Game*, temuan menunjukkan reaksi karakter utama terhadap peristiwa traumatis dan bagaimana dia mengatasinya. Meskipun dengan mengingatkan peristiwa-peristiwa itu masih melekat padanya.

Kata kunci: trauma anak, pendekatan psikologi, film

ABSTRACT

Tukan, Vanderius Sanga. 2023. The Childhood Trauma of Jesse in *Gerald's Game* Film: Psychological Approach. Undergraduate Thesis. English Literature Study Program. Faculty of Language and Literature. Flores University. Advisor I: Marianus Woda Liru, S.S.,M.A. Advisor II: Febe Fenny Irawati Wanggai, S.S.,M.Hum.

In this research, the author analyzes the film *Gerald's Game*, directed by Mike Flanagan. The problems studied are the types and effect that arise that can influence a person's life after experiencing trauma as a child and how to deal with unresolved trauma. Jessie, the main female character, was sexually abused by her biological father as a teenager leaving her traumatized into adulthood.

The object of this research is the film entitled *Gerald's Game* by Mike Flanagan. This research is a qualitative descriptive study. Data collection is carried out by watching films, reading film scripts, identifying data, classifying data, reducing unused data and reporting data. The primary data in this research is the film *Gerald's Game*. Meanwhile secondary data is quoted from several sources such as books, articles, journals and the internet. The techniques used in this analysis include presentation, explanation, and quotation. In analyzing the data, this research uses psychoanalytic theory to explain the meaning and causes of trauma, focusing on children and to show the impact of this trauma.

The aim of this research is to analyze some of the effects of trauma experienced in childhood can affect a person's personal life. This research uses a psychological approach. In addition, this study uses dialogue quotes related to the types and impacts of childhood trauma. In the film *Gerald's Game*, the findings show the main character's reaction to a traumatic event and how he or she overcomes it. Although by recalling those events it still stuck with him.

Keywords: *childhood trauma, psychological approach, film*

**STATEMENT OF ORIGINALITY
OF UNDERGRADUATE THESIS**

The undersigned,

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declares that the present Undergraduate Thesis describes original research under taken for the English Literature Study Program, Faculty of Language and Literature, Flores University of Ende. Any theories, findings, and research techniques not my own have been acknowledged in the text. Theoretical contributions and findings in the thesis are my own original work and have not been submitted for any degree in this or any other university. If later it can be revealed that this Undergraduate Thesis contains partly of wholly plagiarized pieces of other's intellectual work of any kind, I will readily accept the sanction established by the University on the matter.

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Full name

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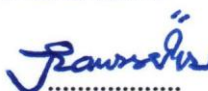



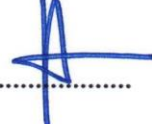
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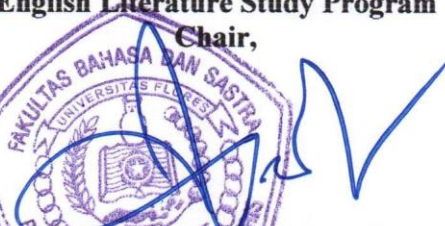
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MOTTO

“BE THE CHAMPION OF YOURSELF”

Dedicated to:

-  **Jesus Christ**
-  **My beloved Father Siprianus B. Tukan and Mother Esisilia Esa Kesin**
-  **My beloved Brothers and Sisters: Dorgan, Baguk, Marlen, and Ety**
-  **My Family**
-  **My beloved Friends**

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Finally, with all the limitations of knowledge and experience, I realize that it is still far from being perfect, so critics and suggestions aimed at this undergraduate thesis will be warmly welcomed and highly appreciated.

Ende, August 2023

The Writer

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