

**BORDERLINE PERSONALITY DISORDER OF THE MAIN  
CHARACTER IN THE GIRL INTERRUPTED FILM  
(PSYCHOLOGICAL APPROACH)**

**UNDERGRADUATED THESIS**

**BY**

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NIM : 2019510677**



**ENGLISH LITERATURE STUDY PROGRAM  
FACULTY OF LAW AND SOCIAL HUMANITIES  
FLORES UNIVERSITY  
ENDE  
2024**

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CHARACTER IN THE GIRL INTERRUPTED FILM  
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**UNDERGRADUATE THESIS**

**Presented to Flores University in Partial Fulfilment of the Requirements  
for the Degree of Sarjana Sastra**

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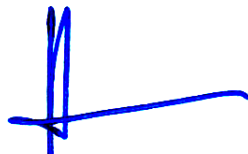
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## APPROVAL PAGE

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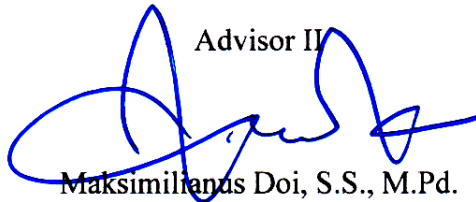
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## ABSTRAK

**Runu, H Anastasia.2024. Gangguan Kepribadian Ambang dalam Film *The Girl Interrupted*: Pendekatan Psikologi. Skripsi. Program Studi Sastra Inggris. Fakultas Hukum dan Sosial Humaniora. Universitas Flores. Pembimbing I: MarianusWoda Liru, S.S.,M.A.; Pembimbing II: Maksimilianus Doi, S.S.,M.Pd.**

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Film *The Girl Interrupted* diambil dari kisah nyata tentang seorang remaja dimana dia diduga melakukan percobaan bunuh diri dengan menenggak satu botol aspirin dan sebotol vodka, lalu mengalami halusinasi, sehingga harus dirawat di rumah sakit Claymoore, sebuah rumah sakit khusus yang menangani masalah gangguan mental dan jiwa. Tujuan dari penelitian ini adalah untuk mengetahui penyebab terjadinya gangguan kepribadian ambang pada tokoh utama dan apa saja macam-macam pengobatan yang dialami tokoh utama dalam *film Girl Interrupted*. Metode penelitian yang digunakan dalam penelitian ini adalah metode deskriptif kualitatif. Penelitian ini menggunakan teori Hunt tentang gangguan kepribadian ambang dengan pendekatan psikologi. Sumber data primer diambil dari film *The Girl Interrupted* dalam bentuk percakapan dan *action* yang ditunjukkan dalam gambar.

Hasil penelitian ini menjawab dua permasalahan utama. Pertama, penulis dapat mengetahui penyebab gangguan kepribadian ambang yang dialami oleh tokoh utama dalam film tersebut. Ada tiga penyebab gangguan kepribadian ambang yang ditemukan dalam film ini, yaitu genetik, neurotransmitter, dan faktor psikososial. Sementara itu, ada pengobatan gangguan kepribadian ambang yang dialami oleh tokoh utama yang ditemukan, yaitu pengobatan farmakologis, intervensi psikologis, terapi seni, dan terapeutik komunitas.

**Kata Kunci:** *Gangguan kepribadian ambang, film*

## ABSTRACT

**Runu, H Anastasia.2024. Borderline Personality Disorder in the Film *The Girl Interrupted*: Psychological Approach. Undergraduate Thesis. Literature Study Program. Faculty of Law and Social Humanities. Flores University. Advisor I: MarianusWoda Liru, S.S.,M.A.; Advisor II: Maksimilianus Doi, S.S.,M.Pd.**

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*The Girl Interrupted* film was taken from a true story about a teenager, where she allegedly attempted to commit suicide by drinking a bottle of aspirant and a bottle of vodka, then experienced hallucinations, so she had to be treated at Claymoore Hospital, a special hospital that treats mental disorders and soul. The aims of this research were to find out the causes and kinds of treatment of borderline personality disorder experienced by the main character in the film of *the Girl Interrupted*. The research method employed in this research was a qualitative descriptive method. This research used Hunt's borderline personality disorder theory to analyze the data viewed from psychological approach. The data sources were taken from *The Girl Interrupted* film in the form of utterances and actions shown in pictures.

The results of this research answer two main problems. The first is that there are three causes of borderline personality disorder found in this film, namely genetics, neurotransmitters, and psychosocial factors. Then, the second is that there are four treatments for borderline personality disorder found in this film, namely pharmacological treatment, psychological intervention, arts therapy, therapeutic community.

**Keywords :** *Borderline personality disorder, film*

## STATEMENT OF ORIGINALTY OF UNDERGRADUATE THESIS

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Declares that the present Undergraduate Thesis describes original research undertaken for the English Literature Study Program, Faculty of Law and Social Humanities, Flores University of Ende. Any theories, findings, and research techniques not my own have been acknowledged in the text. Theoretical contributions and findings in the thesis are my own original work and have not been submitted for any degree in this or any other university. If later it can be revealed that this Undergraduate Thesis contains partly of wholly plagiarized pieces of other s intellectual work of any kind, I will readily accept the sanction established by the University on the matter.

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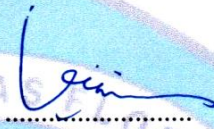
## THESIS LEGITIMATION

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The Board of Examiners

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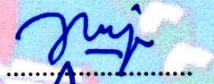
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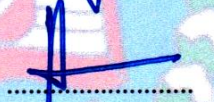
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**MOTTO**

***‘THE BEST WAY TO PREDICT YOUR FUTURE  
IS TO CREATE’***

***- Abraham Lincoln -***



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Ende, August 2024

The Writer

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