

**THE PORTRAYAL OF MILLARD'S PERSISTENT
DEPRESSIVE DISORDER IN JON ERWIN AND ANDREW
ERWIN'S FILM *I CAN ONLY IMAGINE*
(A PSYCHOLOGICAL APPROACH)**

UNDERGRADUATE THESIS

BY

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**ENGLISH LITERATURE STUDY PROGRAM
FACULTY OF LAW AND SOCIAL HUMANITIES
FLORES UNIVERSITY**

ENDE

2024

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UNDERGRADUATE THESIS

**Presented to Flores University in Partial Fulfilment of the Requirements for
the Degree of *Sarjana Sastra***

**BY
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FACULTY OF LAW AND SOCIAL HUMANITIES
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**ENDE
2024**

APPROVAL PAGE

This is to certify that the Undergraduate Thesis of Florianus Nu Nuwa has been approved by the Thesis Advisors for further approval by the Board of Examiners.

Ende, Augusts 2024

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ABSTRAK

Nuwa, Florianus Nu. 2024. Gambaran Gangguan Depresi Persisten Millard dalam Film *I Can Only Imagine*: Pendekatan Psikologi. Skripsi. Program Studi Sastra Inggris. Fakultas Hukum dan Sosial Humaniora. Universitas Flores. Pembimbing I: Febe F. Irawati Wanggai, S.S., M.Hum. Pembimbing II: Maksimilianus Doi, S.S., M.Pd.

Penelitian ini bertujuan untuk mengidentifikasi gejala gangguan depresi persisten yang dialami Millard sebagai tokoh utama dan untuk mendeskripsikan penyebab gangguan depresi persisten yang dialami Millard sebagai tokoh utama dalam film *I Can Only Imagine*. Metode penelitian yang digunakan dalam penelitian ini adalah metode deskriptif kualitatif. Penelitian ini menggunakan teori persistent depressive disorder oleh American Psychiatric Association, 2013 (dalam Ramalingam dkk, 2023) dan Krenke & Stremmler (2002) untuk menganalisis data, dan pendekatan psikologi juga digunakan dalam penelitian ini. Penulis menggunakan metode kepustakaan untuk menemukan teori dan data yang diperlukan untuk skripsi ini. Data primer terdiri dari film *I Can Only Imagine*. Data sekunder terdiri dari buku, artikel, jurnal, kamus, dan skripsi.

Hasil penelitian ini menjawab dua masalah. Pertama, gejala-gejala persistent depressive disorder yang dialami oleh Millard, sebagai tokoh utama dalam film. Ada tiga gejala persistent depressive disorder yang ditemukan dalam film ini yaitu *physical symptoms*, *psychological symptoms*, and *social symptoms*. Kedua, sebab dari persistent depressive disorder yang dialami oleh Millard sebagai tokoh utama yaitu *parental relationships* dan *personal dan career pressures*.

Kata Kunci: gangguan depresi persisten, karakter, film

ABSTRACT

Nuwa, Florianus N. 2024. The Portrayal of Millard's Persistent Depressive Disorder in Film *I Can Only Imagine*: A Psychological Approach. Undergraduate Thesis. English Literature Study program. Faculty of Law and Social Humanities. Flores University. Advisor I: Febe F. Irawati Wanggai, S.S., M.Hum. Advisor II: Maksimilianus Doi, S.S., M.Pd.

This research aims to identify the symptoms of persistent depressive disorder experienced by Millard as the main character and to describe the causes of persistent depressive disorder experienced by Millard as the main character in the film *I Can Only Imagine*. The research method used in this research is a qualitative descriptive method. This research uses the theory of persistent depressive disorder by the American Psychiatric Association, 2013 (in Ramalingam et al., 2023) and Krenke & Stremmler (2002) to analyze the data, and a psychological approach is also used in this research. The author uses library methods to find the theory and data needed for this thesis. Primary data consists of the film *I Can Only Imagine*. Secondary data includes books, articles, journals, dictionaries, and theses.

The results of this research answer two problems. First, the symptoms of persistent depressive disorder experienced by Millard, the main character in the film. There are three symptoms of persistent depressive disorder found in this film, namely physical symptoms, psychological symptoms, and social symptoms. Second, the causes of Persistent Depressive Disorder experienced by Millard as the main character, namely parental relationships and personal and career pressures.

Keywords: persistent depressive disorder, character, film

STATEMENT OF ORIGINALITY

The undersigned,

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declares that the present Undergraduate Thesis describes original research undertaken for the English Literature Study Program, Faculty of Law and Social Humanities, Flores University of Ende. Any theories, findings, and research techniques not my own have been acknowledged in the text. Theoretical contribution and findings in the thesis are my own original work and have not been submitted for any degree in this or any other university. If later it can be revealed that this undergraduate thesis contains partly or wholly plagiarized pieces of other-intellectual work of any kind, I will readily accept the sanction established by the University on the matter.

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THESIS LEGITIMATION

This is to certify that the Undergraduate Thesis of Florianus Nu Nuwa has been approved by the Board of Examiners as the requirement for the degree of *Sarjana Sastra*

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MOTTO

“Learning is not attained by chance, it must be sought for with ardor and attended to with diligence”

(Pembelajaran tidak diperoleh secara kebetulan, ia harus dicapai dengan semangat dan diikuti dengan tekun)

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From the deepest of my heart, I dedicate my thesis to everyone who cares for and loves me. I want to dedicate this thesis to the following:

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The writer,
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