# DEFENCE MECHANISM OF RODION RASKOLNIKOV IN FYODOR DOSTOEVSKY'S NOVEL CRIME AND PUNISHMENT

### **UNDERGRADUATE THESIS**

BY

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ENGLISH LITERATURE STUDY PROGRAM
FACULTY OF LAW AND SOCIAL HUMANITIES
FLORES UNIVERSITY
ENDE
2024

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Presented to Flores University in Partial Fulfillment of the Requirements for the Degree of Sarjana Sastra

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This is to certify that Undergraduate Thesis of Nikolaus Arkians Nggedho has been approved by the Thesis Advisors for further approval by the Board of Examiners.

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### **ABSTRAK**

Nggedho, Nikolaus Arkians. 2024. Mekanisme Pertahanan dari Rodion Raskolnikov dalam Novel *Crime and Punishment* oleh Fyodor Dostoevsky. Skripsi. Program Studi Sastra Inggris. Fakultas Hukum dan Sosial Humaniora. Universitas Flores. Pembimbing: Febe F. Irawati Wanggai, S.S., M.Hum., & Marianus Woda Liru, S.S., M.A.

Penelitian ini bertujuan untuk menemukan tipe-tipe mekanisme pertahanan diri Rodion Raskolnikov dalam novel *Crime and Punishment* karya Fyodor Dostoevsky. Pertama, penulis mendeskripsikan gambaran *id, ego, dan superego* Rodion Raskolnikov untuk menemukan sumber kecemasannya. Kedua, penulis menemukan jenis Mekanisme Pertahanan yang digunakan oleh Rodion Raskolnikov dalam Novel *Crime and Punishment* karya Fyodor Dostoevsky. Rodion Romanovich Raskolnikov, protagonis dari *Crime and Punishment* adalah mantan mahasiswa hukum berusia awal dua puluhan, yang tinggal di St. Petersburg, Rusia, yang mendapati dirinya terjebak dalam kemiskinan dan berjuang dengan keputusasaan eksistensial.

Penulis menemukan kecemasan Raskolnikov berasal dari upaya ego untuk merasionalisasikan hasrat *id* melalui teori manusia yang luar biasa. Hasrat *id* akan kekuasaan dan control menbawa Raskolnikov menuju dorongan agresif yang diwujudkan dalam pembunuhan Alyona Ivanovna. Jenis defence mechanism yang digunakan oleh Rodion Raskolnikov di dalam novel *Crime and Punishment* adalah rasionalisasi, regresi, proyeksi, sublimasi, penyangkalan, pengalihan, dan formasi reaksi.

Kata Kunci: Mekanisme Pertahanan Diri, Psikoanalisis, Novel, Karakter.

### **ABSTRACT**

Nggedho, Nikolaus Arkians. 2024. Defence Mechanism of Rodion Raskolnikov in Fyodor Dostoevsky's Novel *Crime and Punishment*. Undergraduate Thesis. English Literature Study Program. Faculty of Law and Social Humanities. Flores University. Advisor: Febe F. Irawati Wanggai, S.S., M.Hum., & Marianus Woda Liru, S.S, MA.

This research aimed to find the types of defense mechanism of Rodion Raskolnikov in the novel *Crime and Punishment* by Fyodor Dostoevsky. Firstly, the writer describes the description of Rodion Raskolnikov's id, ego and superego to find the source of anxiety. Secondly, the writer uncovered the defense mechanism used by Rodion Raskolnikov in Fyodor Dostoevsky's Novel *Crime and Punishment*. Rodion Romanovich Raskolnikov, the protagonist of Fyodor Dostoevsky's Crime and Punishment is a former law student in his early twenties, living in St. Petersburg, Russia, who finds himself trapped in poverty and struggling with existential despair.

The writer found that Raskolnikov's anxiety stems from the ego's attempt to rationalize the id's desires through extraordinary humanity. The id's desire for power and control drove Raskolnikov towards aggressive impulses which manifested in the murder of Alyona Ivanovna. The types of defense mechanisms used by Rodion Raskolnikov in the novel Crime and Punishment are rationalization, regression, projection, sublimation, denial, displacement, and reaction formation.

**Key Words:** Defence Mechanism, Psychoanalysis, Novel, Character

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declares that the present Undergraduate Thesis describes original research undertaken for the English Literature Study Program, Faculty of Law and Social Humanities, Flores University. Any theories, findings, and research techniques not my own have been acknowledged in the text. Theoretical contributions and findings in the thesis are my own original work and have not been submitted for any degree in this or any other university. If later it can be revealed that this Undergraduate Thesis contains partly or wholly plagiarized pieces of other's intellectual work of any kind. I will readily accept the sanction established by the University on the matter.

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### THESIS LEGITIMATION

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### **MOTTO**

## "WE WILL SUFFER AND TOGETHER WE WILL BEAR OUR CROSS"

-Crime and Punishment, Dostoevsky

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Ende, August 2024

The Writer

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