

**TRAUMATIC REACTION EXPERIENCED BY DANI ARDOR
AS THE MAIN CHARACTER IN ASTER'S MOVIE
MIDSOMMAR
(A PSYCHOLOGICAL APPROACH)**

UNDERGRADUATED THESIS

BY

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**ENGLISH LITERATURE STUDY PROGRAM
FACULTY OF LAW AND SOCIAL HUMANITIES
FLORES UNIVERSITY**

ENDE

2024

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AS THE MAIN CHARACTER IN ASTER'S MOVIE
*MIDSOMMAR***

UNDERGRADUATE THESIS

**Presented to Flores University in Partial Fulfillment of the Requirements for
the Degree of *Sarjana Sastra***

By

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2024**

APPROVAL PAGE

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Ende, August 2024

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ABSTRAK

Pua, Umi Kalsum (2024). Reaksi Traumatis yang di alami Dani Ardor Sebagai Pemeran Utama dalam Film *Midsommar*. Skripsi. Program Studi Sastra Inggris, Fakultas Hukum dan Sosial Humaniora, Universitas Flores. Pembimbing I: Dr. Fety Surfaifel, M.A., Pembimbing II: Yuliana Maria D’Karmel Kara, S.Pd., M.Pd.

Pengalaman traumatis merupakan peristiwa singkat yang memaksa pikiran kita untuk mengingat kembali pengalaman buruk dimasa lalu. Ini merupakan bagian dari pendekatan psikologis. Reaksi traumatis merupakan dampak traumatis yang dialami oleh tokoh utama dalam film *Midsommar*. Untuk mengetahui reaksinya, ada tiga konsep trauma yang diidentifikasi berdasarkan pemikiarn Huang yaitu peristiwa, pengalaman, dan akibat. Di samping itu ada dua macam reaksi traumatis yang dieksplor berdasarkan penjabaran yang dikemukakan oleh Brier & Scot,etc. yakni reaksi langsung dan reaksi tertunda. Tujuan penelitian ini untuk mengetahui reaksi traumatis yang dialami Dani Ardor. Penelitian ini menggunakan deskriptif kualitatis dengan cara observasi.

Hasil analisis menunjukkan bahwa Dani sebagai tokoh utama mengalami tiga konsep trauma yaitu peristiwa ketika ia harus kehilangan keluarganya, ia mengalami halusinasi setelah meminum jamur. Dampaknya, setelah menyaksikan kekasihnya berselingkuh dengan gadis lain, dan menghadiri acara Attestupa. Itu membawa pengalamannya beberapa hal buruk terjadi. Hasilnya ditemukan reaksi traumatis yang dialaminya berupa reaksi langsung dan reaksi tertunda yang meliputi reaksi emosional, fisik, kognitif, perilaku dan eksistensi. Hasil ini menunjukkan bahwa pengalaman buruk yang terjadi secara langsung maupun tidak langsung dapat membuat seseorang bereaksi terhadap sesuatu yang mungkin berdampak pada kehidupannya.

Kata kunci: *Trauma, Reaksi itraumatis, Pendekatan psikologi*

ABSTRACT

Pua, Umi Kalsum (2024). Traumatic Reactions Experienced by Dani Ardor as the Main Character in *Midsommar* Movie. Undergraduate Thesis. English Literature Study Program. Faculty of Law and Social Humanity. Flores University. Advisor I: Dr. Fety Surfaifel, M.A., Advisor II: Yuliana Maria D’Karmel Kara, S.Pd., M.Pd.

A traumatic experience is a short event that forces our mind to rethink memories. It is a study of the psychological approach. The traumatic reaction is the effect of trauma experienced by the main character. To find out the reactions, Huang should identify the concept of trauma, namely event, experience, and effect. There are two kinds of traumatic reactions based on Brier and Scot’s ideas: immediate and delayed. The aim of this study is to identify the traumatic reaction experienced by Dani Ardor. This study used qualitative descriptive by observation.

The analysis showed that Dani, as the main character, experienced the three concepts of trauma, which is an event; when she had to lose her family, she got hallucination after drinking fungus. Effects: After watching her boyfriend's affair with another girl, she attended the Attestupa ceremony. That caused her to experience some bad things. The result found that the traumatic reactions that she experienced were immediate reactions and delayed reactions, which include emotional, physical, cognitive, behavioral, and existential reactions. These results indicate that bad experiences that happened directly or indirectly could make a person react to something that might influence their life.

Key Words: Trauma, Traumatic Reaction, psychological approach.

STATEMENT OF ORIGINALITY OF UNDERGRADUATE THESIS

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Declares that the present Undergraduate Thesis describes original research undertaken for the English Literature Study Program, Faculty of Law and Social Humanities, Flores University of Ende. Any theories, findings and research techniques not my own have been acknowledged in the text. Theoretical contribution and findings in the thesis are my own original work and have not been submitted for any degree in this or any other University. If later it can be revealed that this Undergraduate thesis contain partly or wholly plagiarized pieces of other's intellectual work any kind, I will readily accept the sanction established by the University on the matter.

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THESIS LEGITIMATION

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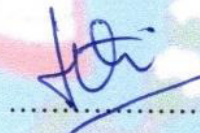
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MOTTO

IF YOU CAN DREAM IT, YOU CAN DO IT

Dedicated to:

Allah SWT

My beloved parents

My beloved brother and sisters

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First and foremost, I would like to thank Allah SWT for His blessings and inclusion so that I can complete this Undergraduate thesis proposal.

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Finally, this undergraduate thesis proposal is far from being perfect. Thus, I welcome any critiques and suggestions for this thesis to be better and more valuable.

Ende, August 2024

The Writer

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