

**OBSESSIVE COMPULSIVE DISORDER EXPERIENCED
BY JASMINE IN THE *BLUE JASMINE* MOVIE
(PSYCHOLOGICAL APPROACH)**

UNDERGRADUATE THESIS

BY

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NIM: 2020510013**



**ENGLISH LITERATURE STUDY PROGRAM
FACULTY OF LAW AND SOCIAL HUMANITIES
FLORES UNIVERSITY
ENDE
2024**

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JASMINE IN THE *BLUE JASMINE* MOVIE
(PSYCHOLOGICAL APPROACH)**

UNDERGRADUATE THESIS

**Presented to Flores University in Partial Fulfillment of the Requirements for
the Degree of *Sarjana Sastra***

BY

**YOHANES KRISOSTOMUS RETU
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**ENGLISH LITERATURE STUDY PROGRAM
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FLORES UNIVERSITY**

**ENDE
2024**

APPROVAL PAGE

This is to certify that Undergraduate Thesis of Yohanes Krisostomus Retu has been approved by the Undergraduate Thesis Advisors for further approval by the Board of Examiners.

Ende, August 2024

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ABSTRAK

Retu, Yohanes Kriosostomus. 2024. Gangguan Obsesif Kompulsif yang dialami Tokoh Jasmine dalam Film *Blue Jasmine* (Pendekatan Psikologi). Skripsi. Program Studi Sastra Inggris. Fakultas Hukum dan Sosial Humaniora. Universitas Flores. Advisors: Maksimilianus Doi, S.S., M.Pd. dan Febe Fenny Irawati Wanggai, S.S., M.Hum.

Gangguan Obsesif Kompulsif (OCD) dalam karya sastra dapat dianalisis melalui pendekatan psikologi. Penelitian ini bertujuan untuk mengetahui penyebab dan dampak dari gangguan obsesif kompulsif yang dialami oleh tokoh Jasmine dalam film *Blue Jasmine*. Penelitian ini diharapkan dapat memberikan kontribusi yang lebih dalam bidang psikologi, khususnya tentang OCD.

Untuk mendukung analisis ini, penulis menggunakan beberapa teori yang berhubungan dengan permasalahan, yaitu teori sastra, karakter, pendekatan psikologi dan OCD. Penelitian ini menggunakan metode deskriptif kualitatif. Dalam mendapatkan data, penulis melalui tiga langkah. Pertama, mengklasifikasikan kutipan-kutipan yang berhubungan dengan permasalahan. Kedua, menganalisis gangguan obsesif kompulsif dalam film *Blue Jasmine*. Ketiga, penarikan kesimpulan setelah semua data dianalisis, dideskripsikan dan dijelaskan.

Berdasarkan hasil analisis, penulis menemukan dua penyebab OCD, yaitu sirkuit otak yang kacau dan trauma masa kecil dan dampak dari OCD yaitu dampak OCD terhadap fungsi keluarga dan dampak OCD terhadap fungsi sosial. Penyebab dan dampak dari OCD tersebut dijelaskan melalui kutipan-kutipan adegan dalam film yang menjadi data dalam penelitian ini.

Kata Kunci: *gangguan obsesif kompulsif, karakter, film*

ABSTRACT

Retu, Yohanes Kriosostomus. 2024. Obsessive Compulsive Disorder Experienced by Jasmine in the *Blue Jasmine* Movie (Psychological Approach). Undergraduate Thesis, English Literature Study Program. Faculty of Law and Social Humanities. Flores University. Advisors: Maksimilianus Doi, S.S., M.Pd., and Febe Fenny Irawati Wanggai, S.S., M.Hum.

Obsessive Compulsive Disorder (OCD) in literary works could be analyzed through psychological approach. The aims of this study were to find out the causes and the impact of obsessive compulsive disorder experienced by Jasmine in the *Blue Jasmine* movie. This study hopefully can give more contribution dealing with psychology, especially about OCD.

To support this analysis the writer used some theories which have relationship with the problems, namely theory of literature, character, psychological approach and OCD. This study used descriptive qualitative method. In getting the data, the writer goes through three steps. First is classifying the quotation are related to the problems. Second is analyzing the obsessive compulsive disorder in *Blue Jasmine* movie. Third is making conclusion after all the data have been analyzed, described and explained.

Based on the analysis, the writer find out that two causes of OCD; those are brain circuitry gone awry and childhood trauma and the impact of OCD those are impact of OCD on family functioning and impact of OCD on social functioning. Those causes and impact of OCD are explained through the quotation action in the movie which are the data of this study.

Key Words: *obsessive compulsive disorder, character, movie*

**STATEMENT OF ORIGINALITY
OF UNDERGRADUATE THESIS**

The Undersigned,

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declares that the present Undergraduate Thesis describes original research undertaken for the English Literature Study Program, Faculty of Law and Social Humanities, Flores University of Ende. Any theories, findings, and research techniques not my own have been acknowledged in the text. Theoretical contributions and findings in the thesis are my own original work and have not been submitted for any degree in this or any other university. If later it can be revealed that his Undergraduate Thesis contains partly or wholly plagiarized pieces of other's intellectual work of any kind, I will ready accept the sanction established by the University on the matter.

Signature :



Full Name : Yohanes Krisostomus Retu
Dates : Ende, August 2024

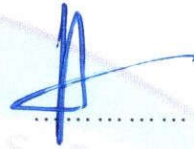
THESIS LEGITIMATION

This is to certify that Undergraduate Thesis of Yohanes Krisostomus Retu has been approved by the Board of Examiners as the requirement for the Degree of *Sarjana Sastra*.

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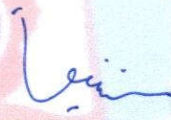
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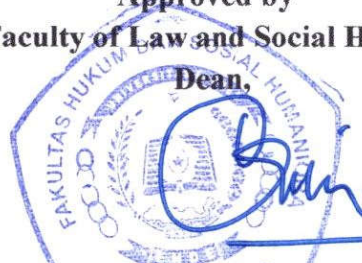
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MOTTO

“FOR THE FUTURE IS SURE, AND YOUR HOPE WILL NOT BE LOST”

(PROVERBS 23:18)

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Finally, may this Undergraduate Thesis be useful for the readers and the next the writer in the future. May the grace and love of the Almighty God be with us forever. Amen.

The Writer

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