

**DEFENSE MECHANISM OF THE MAIN CHARACTER  
IN THE FILM *ENOLA HOLMES*  
(PSYCHOANALYSIS APPROACH)**

**UNDERGRADUATE THESIS**

**BY  
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NIM: 2020510380**



**ENGLISH LITERATURE STUDI PROGRAM  
FACULTY OF LAW AND SOCIAL HUMANITIES  
FLORES UNIVERSITY  
ENDE  
2025**

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**UNDERGRADUATE THESIS**

**Presented to Flores University in Partial Fulfillment of the Requirements  
for the Degree of *Sarjana Sastra***

**BY  
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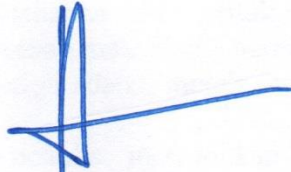
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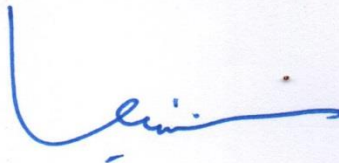
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## ABSTRAK

**Eba, Felixia Dewi. 2025. *Mekanisme Pertahanan Diri dari Tokoh Utama dalam Film Enola Holmes (Pendekatan Psikoanalisis)*. Skripsi. Program Studi Sastra Inggris. Fakultas Hukum dan Sosial Humaniora. Universitas Flores. Pembimbing I: Marianus Woda Liru, S.S., M.A., Pembimbing II: Febe Fenny Irawati Wanggai, S.S., M.Hum.**

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Tujuan dari penelitian ini adalah untuk mengetahui tipe dan penyebab mekanisme pertahanan diri dari tokoh utama dalam film *Enola Holmes* menggunakan pendekatan psikoanalisis. Penelitian ini menggunakan metode deskriptif kualitatif. Dalam mendapatkan data, penulis melalui tiga langkah. Pertama, mengklasifikasikan data berdasarkan teori mekanisme pertahanan diri yang berkaitan dengan karakter utama dalam film. Kedua, menganalisis data berdasarkan teori mekanisme pertahanan diri untuk mengetahui jenis-jenis mekanisme pertahanan diri, dan penyebab mekanisme pertahanan diri yang terdapat pada karakter utama dalam film. Ketiga adalah membuat kesimpulan berdasarkan hasil penelitian.

Berdasarkan hasil analisis, penulis menemukan lima tipe mekanisme pertahanan diri dari pemeran utama, *Enola* dalam Film *Enola Holmes* yaitu *denial*, *rationalization*, *displacement*, *regression*, dan *sublimation*. Penulis juga menemukan *anxiety* sebagai penyebab dari mekanisme pertahanan diri karakter utama, *Enola* dalam film *Enola Holmes* dengan dua tipe *anxiety* yang menonjol yaitu, *realistic anxiety* dan *neurotic anxiety*.

Kata kunci: mekanisme pertahanan diri, karakter utama, film

## ABSTRACT

**Eba, Felixia Dewi. 2025. *Defense Mechanism of the Main Character in the Film Enola Holmes (Psychoanalysis Approach)*. Undergraduate Thesis. English Literature Study Program. Faculty of Law and Social Humanities. University of Flores. Advisor I: Marianus Woda Liru, S.S., M.A., Advisor II: Febe Fenny Irawati Wanggai, S.S., M.Hum.**

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The aims of this study were to determine the types of defense mechanism and the causes of defense mechanism of the main character in the film *Enola Holmes* using Psychoanalysis approach. This research used qualitative descriptive method. In obtaining data, the writer went through three steps. First, classifying the data based on the theory of defense mechanism related to the main character in the film. Second, analyzing the data using the theory of the defense mechanism to find out the types of defense mechanism, and the causes of the defense mechanism found in character as seen through the main character in the film, and a third, made a conclusion based on the result.

Based on the analysis, the writer finds five types of defense mechanism of the main character, Enola in *Enola Holmes* Film, namely denial, rationalization, displacement, regression, and sublimation. The writer also finds anxiety as the cause of defense mechanism of the main character, Enola in film *Enola Holmes* with two types of anxiety, namely realistic anxiety and neurotic anxiety.

**Key Words:** *defense mechanism, main character, film*

## STATEMENT OF ORIGINALITY

### OF UNDERGRADUATE THESIS

The undersigned,

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declares that the present Undergraduate Thesis describes original research undertaken for the English Literature Study Program, Faculty of Law and Social Humanities, Flores University of Ende. Any Theories, findings, and research techniques not my own have been acknowledged in the text. Theoretical contributions and findings in the thesis are my own original work and have not been submitted for any degree in this or any other universities. If later it can be revealed that this Undergraduate Thesis contains partly or wholly plagiarized pieces or other's intellectual work of any kind. I will readily accept the sanction established by the Uni

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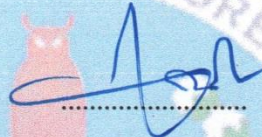
## THESIS LEGITIMATION

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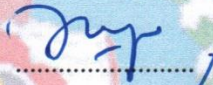
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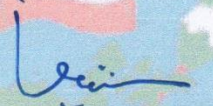
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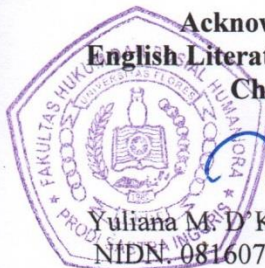
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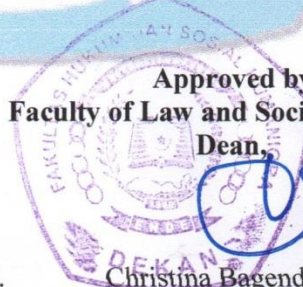
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## **MOTTO**

**“FOR EVERYTHING THERE IS A SEASON, AND A  
TIME FOR EVERY MATTER UNDER HEAVEN”**

**(ECCLESIASTES 3:1)**

### **Dedicated to:**

1. God the Almighty, Jesus Christ, and Mother Mary
2. Alm. Bapa Hironimus Wara, and Alm. Mama Maria Sula
3. Kakak Mafran Mara, Abang Kalix Tani, Alm. Kakak Andris Mbete, Kakak Mersy Sea, brother and sister in-law, also nephews and niece.
4. Keluarga Besar Tani Mbete.
5. Sasing Squad 2020
6. English Literature Study Program
7. Faculty of Law and Social Humanities
8. Flores University
9. Writer's ownself



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Ende, February 2025

The Writer

## TABLE OF CONTENTS

<b>TITLE .....</b>	<b>i</b>
<b>APPROVAL PAGE .....</b>	<b>ii</b>
<b>ABSTRAK.....</b>	<b>iii</b>
<b>ABSTRACT .....</b>	<b>iv</b>
<b>STATEMENT OF ORIGINALITY .....</b>	<b>v</b>
<b>THESIS LEGITIMATION .....</b>	<b>vi</b>
<b>MOTTO .....</b>	<b>vii</b>
<b>ACKNOWLEDGEMENT .....</b>	<b>viii</b>
<b>ABLE OF CONTENTS .....</b>	<b>ix</b>
<b>CHAPTER I INTRODUCTION</b>	
1.1 Background of the Study .....	1
1.2 Problems of the Study.....	5
1.3 Purpose of the Study .....	5
1.4 Significances of the Study .....	5
1.5 Definition of Key Terms.....	7
1.6 Organization of the Study .....	7
<b>CHAPTER II REVIEW OF RELATED LITERATURE</b>	
2.1 Theoretical Review .....	9
2.1.1 Film.....	9
2.1.2 Character.....	10
2.1.3 Psychology .....	13
2.1.4 Psychoanalysis.....	14
2.1.5 Defense Mechanism .....	17
2.1.6 Types of Defense Mechanism .....	18
2.1.7 Cause of Defense Mechanisme.....	22
2.2 Previous Studies .....	23
<b>CHAPTER III RESEARCH METHOD</b>	
3.1 Research Design .....	27
3.2 Source of Data .....	27
3.3 Data Collection.....	28
3.4 Data Analysis .....	28
<b>CHAPTER IV ANALYSIS</b>	
4.1 Types of Defense Mechanism .....	30
4.1.1 Denial .....	30
4.1.2 Rationalization.....	35
4.1.3 Displacement .....	41
4.1.4 Regression .....	45
4.1.5 Sublimation.....	49

4.2 Causes of Defense Mechanisms .....	52
4.2.1 Realistic Anxiety .....	52
4.2.2 Neurotic Anxiety .....	56
<b>CHAPTER V CONCLUSION AND SUGGESTIONS</b>	
5.1 Conclusions .....	60
5.2 Implication of the study .....	63
5.2.1 Theoretical implication .....	63
5.2.2 Practical implication .....	63
5.3 Limitation of the Study .....	63
5.4 Suggestion .....	63
<b>REFERENCES</b>	
<b>APPENDIX I</b>	
<b>APPENDIX II</b>	
<b>CURRICULUM VITAE</b>	