# DISSOCIATIVE DISORDER ON MAIN CHARACTER IN FILM SPLIT (PSYCHOLOGICAL APPROACH)

### **UNDERGRADUATE THESIS**

BY:

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ENGLISH LITERATURE STUDY PROGRAM
FACULTY OF LAW AND SOCIAL HUMANITIES
FLORES UNIVERSITY
ENDE
2025

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Presented to Flores University in Partial Fulfilment of the Requirements for the Degree of Sarjana Sastra

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2025

### APPROVAL PAGE

This is to certify that the Undergraduate Thesis of Stefania Go'o has been approved by the Undergraduate Thesis Advisors for further approval by the Board of Examiners.

Ende, February 2025

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### **ABSTRAK**

Go'o, Stefania. 2025. Gangguan Disosiatif pada Karakter Utama dalam Film Split (Pendekatan Psikologi). Skripsi. Program Studi Sastra Inggris. Fakultas Hukum dan Sosial Humaniora. Universitas Flores. Pembimbing I: Febe Fenny Irawati Wanggai, S.S.,M.Hum. dan Pembimbing II: Maksimilianus Doi, S.S.,M.Pd.

Dalam penelitian ini, penulis menganalisis gangguan disosiatif dalam film *Split*. Film *Split* diambil dari kisah seorang pemuda yang mengalami peristiwa tragis yang dialaminya semasa kecil. Saat ia berumur 9 tahun, Kevin menyaksikan ibunya dibunuh oleh ayahnya. Tujuan penelitian ini adalah untuk mengetahui tipe-tipe dari gangguan disosiatif yang dialami tokoh utama dan gejala-gejala yang menyebabkan tokoh utama mengalami gangguan disosiatif dalam film *Split*. Penelitian ini menggunakan metode penelitian kualitatif. Dalam mendapatkan data, penulis melalui tiga langkah. Pertama, mengklasifikasikan kutipan-kutipan yang berhubungan dengan permasalahan. Kedua, menganalisis gangguan disosiatif dalam film *Split*. Ketiga, penarikan kesimpulan setelah semua data dianalisis, dideskripsikan dan dijelaskan. Hasil penelitian ini menjawab dua masalah utama. Pertama, penulis dapat mengetahui tipe-tipe gangguan disosiatif yang dialami tokoh utama dalam film yaitu dissociative amnesia, dissociative fugue dan depersonalization disorder. Kedua penulis dapat mengetahui gejala-gejala yang menyebabkan gangguan disosiatif, yakni amnesia, depersonalization, identity confusion dan identity alteration.

Kata kunci: gangguan disosiatif, karakter, film

### **ABSTRACT**

Go'o, Stefania. 2025. Dissociative Disorder on Main Character in Film Split (Psychological Approach). Undergraduate Thesis, English Literature Study Program. Faculty of Law and Social Humanities. Flores University. Advisor I: Febe Fenny Irawati Wanggai, S.S.,M.Hum. and Advisor II: Maksimilianus Doi, S.S.,M.Pd.

In this study, the writer analyzed the dissociative disorders in the film *Split*. The film *Split* is based on the story of a young man who experienced a tragic event as a child. When he 9 years old, Kevin witnessed his mother being murdered by his father. The purposes of the study were to find out the types of dissociative disorders experienced by the main character and the symptoms that cause the main character to experience dissociative disorders in the film *Split*. This study used the qualitative research method. In getting the data, the writer goes through three steps. The first was classifying the quotation are related to the problems. The second was analyzing the dissociative disorder in film *Split*. The third was masking conclusion after all the data have been analyzed, described and explained. The result answers two main problems. Firstly, the writer can find out the types of dissociative disorders experienced by the main character in the film, namely *dissociative amnesia*, *dissociative fugue*, and *depersonalization disorder*. Secondly, the writer can identify the types that cause dissociative disorders, namely *amnesia*, *depersonalization*, *identity confusion* and *identity alteration*.

**Keywords:** dissociative disorder, character, film

# STATEMENT OF ORIGINALITY OF UNDERGRADUATE THESIS

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declares that the present Undergraduate Thesis describes original research undertaken for the English Literature Study Program, Faculty of Law and Social Humanities, Flores University of Ende. Any theories, findings, and research techniques not my own have been acknowledge in the text. Theoretical contributions and findings in the thesis are my own original work and have not been submitted for any degree in this or any other universities. If later it can be revealed that his Undergraduate Thesis contains partly or wholly plagiarized pieces of other's intellectual work of any kind, I will ready accept the sanction established by the University on the matter.

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Dates

: Stefania Go'o : February 2025

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### THESIS LEGITIMATION

This is to certify that the Undergraduate Thesis of Stefania Go'o has been approved by the Board of Examiners as the requirement for the Degree of Sarjana Sastra.

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### **MOTTO**

# "PUT ALL OF YOUR FAITH IN THE LORD, DON'T RELY ON YOUR OWN WISDOM, AND ACKNOWLEDGE HIM IN WHATEVER YOU DO, HE WILL STRAIGHTEN YOUR PATHS"

### **Dedicated to:**

- 1. God Almighty
- 2. Father Albertus Lebi and Mother Katarina Wea
- 3. My Sister Fransiska Lidwina Nago, Imelda Juvelyn Go'o and My Brother Pedro Pio Mane Lebi
- 4. My Lover Dimas Meno
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- 6. Big Family Jogo Tepa Ngaji Tepa
- 7. Big Family Pi Wea Bongo Wolo
- 8. Big Family Suku Godho
- 9. English Literature Study Program, Faculty of Law and Social Humanities, Flores University

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I realize that this Undergraduate Thesis is not perfect, but I hope that this research can provide introduction information and knowledge. Therefore, I accept all criticism and suggestions to produce quality and useful writing.

The writer

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